

WHO TO CONTACT

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• Contact for Communications

Cynthia Cushman
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• Keeper and writer of the Sabbatical Journal
• Makes sure journal is up to date

Kate Lucier
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• Contact for Administration
• Works closely with our Church Administrator

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• Contact for Worship

Joani Nierenberg
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• Contact for Pastoral Care
• Receives pastoral care requests and
is in communication with Rev Nancy Pellegrini

Cappy, Misch, Cynthia
• Services & Rituals around Sabbatical

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• Contact for RE/Community Program Outreach

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Unitarian Universalist Congregation of the Upper Valley

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SABBATICAL

2025 A GUIDE TO REVEREND JAN'S SABBATICAL



UUCUV

UNITARIAN UNIVERSALIST
CONGREGATION OF THE
UPPER VALLEY

Undoubtedly questions and concerns will arise during this period, as well as unforeseen situations that will need special attention. This brochure is presented by the Sabbatical Committee and is intended to provide helpful information and to identify resources available within our church community while Reverend Jan Hutslar is away.

SUNDAY SERVICES

It's customary for UU ministers in New England to "fill the pulpit" and lead worship for each other when one among them goes on sabbatical. This tradition means we will know the gift of experiencing worship led by several visiting UU ministers! This is a rich opportunity, and we hope you will choose to come to worship every week!

PASTORAL CARE

You all will continue to provide pastoral care and support to each other. If you have a need, please reach out to Joani Nierenberg and she will help you get support. Please make sure you let people know you need help and also - keep checking in on each other. In the event of a pastoral care emergency, Rev Nancy Pellegrini can be contacted directly or through Joani. Rev Nancy can provide crisis support and take appropriate action. She will also be able to call on Rev Paul Sawyer or Rev Leon Dunkley to provide additional pastoral care and support as needed.

rites of passage

Rev Jan is happy to do any rites of passage upon her return. If a family would like a rite of passage during sabbatical, please contact Rev Nancy Pellegrini for help.



UUCUV PULPIT GUESTS January through May

January 5	Rev Patience Stoddard Minister Emeritus, UUCUV
January 12	Misch Beck
January 19	Rev Paul Sawyer, First Universalist Church, Hartland, VT
January 26	Julie Puttgen, artist and pilgrim
February 2	Rev Christana Willie-McKnight Star Island
February 9	Speakers Team
February 16	Rev Nancy Pellegrini
February 23	Rev Marty Pelham First Universalist Church Rockland, ME
March 2	Rev Evin Carvill-Ziemer UUA New England Regional Developmental Lead
March 9	Speakers Team
March 16	Rev Sara Hayman UU Church of Ellsworth, ME
March 23	Rev Sarah Lammert Retired minister and UUA staff
March 30	Tom VandeWater & Betsy Kepes, Pilgrims of the Shikoku Trail in Japan and lifelong UU's
April 6	Rev Amy McCormick UU Church of Belfast, ME
April 13	Rev Lane Fisher Peterborough UU Church, NH
April 20	Rev Peter Newport Retired UU Minister
April 27	Rev Sarah Stewart UU Church of Worcester, MA
May 4	Rev Michael Hall
May 11	Speakers Team
May 18	Rev Kathy Duhon Cambridge, NY
May 25	Rev Hillary Collins-Gilpatrick First Universalist Church Yarmouth, ME

SO...WHY A SABBATICAL?

The sabbatical leave for Unitarian Universalist ministers is a tradition within our denomination and is considered such an essential element of growth and renewal for our clergy that it is established as a congregation's covenant agreement with its minister. We all benefit from Rev Jan's leave as she will return refreshed and with new ideas to share with us.

CAN I CONTACT REV JAN DURING HER SABBATICAL?

The short answer is no. Rev Jan will not be in communication with congregants during her sabbatical. We thank you for honoring this important boundary which is helpful both to her and to us as we work together to care for our congregation.

WHAT WILL REV JAN BE DOING ON HER SABBATICAL?

Sabbatical is a time for rest, renewal, spiritual deepening, and professional development for ministers. Rev. Jan is shaping her time away from the daily demands of congregational ministry very intentionally and we're excited about the plans she's made. Here's a glimpse into what she's told us she'll be doing:

- Helping her Mom clean out the house she lived in for 56 years and spending time with family.
- Finding her own rhythm and balance of rest and activity, social time and solitude, contemplation and dancing.
- Participating in a retreat/workshop called The Resilient Spirit at Corrymeela in Ireland.
- Visiting sacred sites of spiritual women and doing pilgrimage in Europe.
- Seeking out opportunities to deepen and expand her worship arts skills, including story-telling, ritual ceremony creation, and new practices and inspirations for sermon preparation.
- Spending time in nature and with dear friends.